

CASBAH

Spa and Salon

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CASBAH

Spa and Salon

Introduction

Casbah Spa offers a wide range of personal care services to make you look and feel your best. Take a journey to renew your spirit, energize your body, and rejuvenate your inner beauty.

Casbah's mission is to provide a moroccan inspired, luxurious, and relaxing atmosphere with a distinguished team of accomplished individuals that pride themselves on providing the highest quality of service.

Amenities

Private facilities for men and women each including steam room and lockers.

Light refreshments are complimentary and a spa menu is available for dining at the spa.

Event Planning

Perfect accommodations are available for bridal parties, baby showers, birthday parties, Sweet "16" parties or any special occasion, call us to plan a special event. Inquire about our at home spa parties.

Hours of Operation

It is our goal to accommodate your schedule. Our services are available seven days a week, including evenings.

Monday thru Friday 9 am - 9 pm

Saturdays 9 am - 7 pm

Sundays 10 am - 6 pm

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MM10732 • CE0082969

Spa Etiquette

Who will help me decide how to choose my treatments?

Our Spa Directors will help you plan the perfect spa experience, including the best sequence for your treatments.

Do you allow cell phones and pagers?

In order to maintain our peaceful atmosphere, we request that you turn your cell phone and/or pager off when visiting the spa.

What should I wear during my treatment?

Wear what is comfortable to you. Casbah will provide disposable undergarments, robes, towels, sandals, select toiletry items, upon request, and a locker to store your belongings. Most body treatments are enjoyed without clothing. Undergarments of your own may be worn if preferred.

What if I need to cancel an appointment?

A valid credit card is required to hold all reservations. We understand that special circumstances are unavoidable and a cancellation may be necessary. If you find yourself unable to keep an appointment, we **REQUIRE** 24-hour notice. Clients who do not honor their appointments will be charged.

What if I'm late for my appointment?

Arriving late will simply limit the time for your treatment, potentially reducing its effectiveness and your pleasure. Your treatment will end on time so that the next client is not waiting. We suggest you arrive at least 15 minutes before your treatment. If you wish to enjoy our steam room as an added treat prior to any spa treatment, you should allow an additional 30 minutes.

May I request a male or female therapist?

Yes, of course. Whether you choose a person of the same or opposite gender, all of our therapists are trained to drape sheets discreetly over areas of the body not involved with the treatment. We respect and protect your privacy at all times. You must be comfortable to achieve the best results from your treatments. Please do not hesitate to let us know your preference.

What about my jewelry and valuables?

Please leave such items at home. Casbah does not assume any liability for personal items.

Should I shave prior to my spa service?

We recommend you do not shave before any of our exfoliating services. We suggest that men shave two hours prior to experiencing a facial.

Spa Etiquette

(Continued)

What about my comfort?

This is your time and you should enjoy this experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music...just tell us.

What if I have special health considerations?

Please notify the Spa Director before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. Pre-natal massages are performed after 1st trimester. All spa clients will be asked to complete a brief medical questionnaire upon check-in, designed with your well being in mind.

What about gratuities?

Gratuity is not included in the itemized treatment pricing. However, an 18% gratuity is included in the spa package pricing. Additional gratuities are discretionary.

What about payment for spa services?

We accept American Express, Visa, Mastercard, ATM debits, Traveler's checks and cash. If a gift certificate/giftcards is your form of payment, please bring it with you and present it at check in. Please note that gratuity is not included with the purchase of a gift certificate unless indicated on the certificate. Gift certificates/giftcards are valid for ONE YEAR from the date of purchase. They are to be used towards services only and are non-transferable. If LOST they cannot be replaced. Credit on Services ONLY - No Cash Refunds. Prices are subject to change without notice.

Specialty Facials and Delicate Skin Care

All of our facials are customized to address your individual skin condition and concerns.

Casbah's Essential Facial \$120

Individually customized to treat your healthy skin. It includes a skin analysis, exfoliation, aromatherapy steam, extractions, massage of the face and décolleté and of course it is "essential" not to forget the hand and foot massage. A peel or specialty treatment mask is added for optimal results. The treatment ends with a veil of moisturizer to seal in the benefits. Recommended for all skin types.

Ultimate Facial \$170

This ultimate facial experience lasts a relaxing 80 minutes. Delivering all the benefits of our essential facial yet goes a step further to incorporate the neck and décolleté area. Finishing with an additional mask for your skin care needs.

Éminence Signature Facial \$135

Custom tailored for both women and men, choose from an array of the very luscious fruit, vegetable and herbal skincare products handcrafted by Éminence Organic Skin Care of Hungary. These organic ingredients have an incredibly fresh aroma, with natural pure vitamin infusions and high bioflavonoid content. The selection addresses a variety of skin concerns such as premature aging, sun damage, loss of vitality, tone and radiance. This signature facial offers a wide spectrum of cleansers, toniques, exfoliants, masques, serums, eye creams and moisturizers that you and your skin specialist will select to give you a customized facial Since 1958 Éminence has been creating products that deliver naturally glowing healthy skin, releasing your inner radiance.

Éminence Paprika Facial \$140

The allure of fresh scents is inviting, but wait until you feel the difference that natural active ingredients like real Hungarian paprika, wild plum and apricot make. The Éminence paprika treatment offers a truly exquisite facial with products that are so natural you can see the fresh fruit pulp, seeds and smell the fresh herbs. It includes cleansing, exfoliation and a unique paprika masque along with a relaxing facial massage to smooth fine lines and relax both mind and body.

European Facial \$80

The traditional relaxing "spa" facial, includes analysis, extractions, exfoliation, mask and a hand and foot massage.

Anti-Aging Facial \$120

A deep cleansing facial with a personalized treatment program that is prescribed to target your individualized skin care needs. This treatment will leave your skin with a more even tone and help lighten your overall complexion.

Specialty Facials and Delicate Skin Care

(Continued)

Aromatherapy Facial \$85

Active essential oils and plant extracts enhance the skin's texture and appearance while stimulating all your senses. Massage, deep cleansing and mask improve circulation and rid the skin of toxins that can cause premature aging.

Optimal Oxygenating Collagen Facial \$120

Nourish and revitalize your skin cells. The Oxygen collagen boost immediately improves the appearance of visible aging signs including fine lines, wrinkles and crow's feet. Beneficial for dull, fatigued, or stressed skin. Concentrated oxygen combats free radicals and increases the cells intake of oxygen accelerating the regeneration of tissue. A repair ampoule and a facial massage are included. Skin will look and feel more tightened, toned and hydrated.

Eye Contour Treatment \$50 added to facial \$35

Eyes are usually first in reflecting stress and the tolls of time therefore this treatment is a must. This treatment is scientifically formulated to target your specific eye contour problems and offer both caring and preventive maintenance. Our esthetician will choose between a hydrating or lifting/anti-wrinkle treatment.

Youthful Lip Treatment \$50 added to facial \$35

This treatment improves elasticity; smoothes wrinkles, brightens the skin color, and leaves the lips appearing plump and supple. The lips contour is redefined to look more youthful. Great before special events.

Back Facial \$95

A relaxing experience for both mind and body. Includes a thorough back cleansing, an invigorating exfoliation to smooth and improve the texture of the skin includes extractions, a mineral rich mask and a relaxing massage.

Skin Care Treatments

Experience alone or add to any facial
(30 minute treatments)

Vitamin C Mango Peel \$70 added to a facial \$120

Promotes collagen production, strengthens elasticity while giving you a radiant, healthy glow. You will notice a visible difference in firmness and wrinkle reduction. It is an ideal treatment for sun damaged and hyperpigmented skin. This treatment instantly brightens your complexion.

Pumpkin Peel (Vitamin A Therapy) \$70 added to a facial \$120

This peel aids in the production of a smoother, healthier appearance by diminishing fine lines and wrinkles while reducing acne and pore size. The result will leave your skin looking and feeling tight and firm.

Cranberry Peel \$70 added to a facial \$120

This peel is ideal for an enhanced deep cleansing. It removes impurities deep within the pores eliminating dead cells. The cranberry refines the pores and balances oil production while revitalizing congested, dull skin by eliminating built up toxins. You are left with a cleaner and healthier complexion. This is also an excellent peel for problematic skin.

Salicylic, Glycolic and Intensive Exfoliating Therapies \$70 added to a facial \$120

You will notice visible improvement in superficial lines, skin texture and pigmentation. Acne and acne scars become less noticeable and enlarged pores are reduced. These treatments promote skin renewal resulting in a more youthful complexion.

Series 7 \$420

This is for the serious client. If you are looking for optimal results these customized seven treatments incorporate all of our skin care treatments. They are scheduled in a time sensitive manner, to help minimize your main concern, whether it is fine lines, dry skin, hyper-pigmentation or oil/acne prone skin. The seventh peel is complimentary.

Microdermabrasion \$135/face only \$165 face (neck)

This treatment defies the aging process and leaves the skin looking supple and more vibrant. This process removes the top most layer of skin by polishing it, leaving the surface smoother to promote new skin growth. This treatment is most effective at eliminating the signs of sun damage, age spots, acne scars and fine lines.

Spa Essentials

(To compliment any skin care service.)

Waxing

Full body

Tinting

Brows

Lashes

Lash Extensions \$400/full set \$100/refill

Lash extensions are a product that will provide you with longer, thicker, luscious and natural looking lashes. They are individual synthetic strands of eyelashes applied one by one directly to your individual lashes.

Men's Retreat

All men's services include the use of the men's locker and steam facilities. Robes and spa sandals are provided.

Gentleman's Facial **\$80**
with speciality treatment \$120

A complete cleansing and renewing treatment formulated for skin suffering from irritation as a result of shaving or the sun. This treatment also includes a treatment of "tend skin" which is formulated to alleviate shaving bumps and irritation caused by shaving.

Handsome Nails **\$18**
A nail maintenance and hand tension relief service.

Feet Relief **\$45**
This treatment provides instant relief for stressed, tired, painful and swollen feet. Cooling and refreshing, it leaves the feet feeling soothed, relaxed, and groomed. Specialized toenail treatments are available.

Hand to Toe Treatment **\$83**
Our nail maintenance services combined with a glycolic exfoliating treatment for rough skin and calluses.

Eye Zone Treatment **\$50**
added to facial \$35

This treatment is specifically formulated for men's eye contour to prevent and smooth fine lines. This treatment has a hydrating, tightening and calming effect to promote and protect this delicate area.

Head to Toe Package **\$265**
This treatment addresses every man's needs, a manicure and pedicure to groom the nails, a speciality facial to best suit his skin type, ending with the relaxing effect of a full body massage.

Healing Water Body Treatments & Packages

Performed in a hydrotherapy tub or private Vichy shower suite, these treatments stimulate blood circulation, decrease swelling and fluid retention, relieves heaviness and fatigue, soothes active muscles, and stimulates skin tissue.

Aromatherapy "Anti-Stress" Soak \$50

This treatment helps unwind or energize the body with a choice of relaxing or energizing aroma blends in the Hydrotherapy tub. The serene atmosphere of the water and de-stressing effect of the jets massaging your body enable the oils to deeply penetrate your mind, body, and spirit. A blend of customized essential oils are added to the warm bath to soothe the skin and relieve stress, while the aroma sweeps you away to a world of total relaxation. A gentle face, neck and scalp massage is included. (30 minute service)

Seaweed Hydrotherapy Soak \$60

This treatment facilitates detoxification while providing essential minerals and rich nutrients to rejuvenate the body. A gentle neck and scalp massage is included. (30 minute service)

Romanian Mud Soak \$70

Mineral-rich Romanian mud is added to our aromatherapy soak. Ideal for those with sore & fatigued muscles. (30 minute service)

Milk and Rose Petal Soak \$110

Indulge your senses in our hydro therapy tub filled with rose petals to soften and milk to hydrate your skin. A stress reliever 30 minute massage will follow leaving you with a renewed sense of peace and relaxation.

Tropical Marine Sea Salt Glow \$65

Your body is gently massaged with a mixture of marine sea salts and essential aromatherapy oils to exfoliate your dry and damaged skin. A hydrating cream is then applied leaving the skin feeling silky smooth. (Do not wax or shave 24 hours prior to this service.) (30 minute service)

The Ultimate Exfoliating Experience \$95

Performed in a private vichy suite, this 50 minute treatment begins with a gentle total body exfoliation. After this heavenly experience, we lather your body with a hydrating body cream and massage your cares away.

Romanian Mud Body Wrap \$145

Especially suited to those that are muscle sore and fatigued. After a dry brush scrub, the entire body is treated to a custom aromatherapy, mineral-rich Romanian mud application. The body is then wrapped to encourage perspiration and release toxins from the skin. While relaxing, the neck and head are treated to a massage, followed by an application of warmed shea butter to soothe the skin.

Healing Water Body Treatments & Packages

(Continued)

Water Fantasy\$190

This package is for water lovers only. It incorporates all of our water treatments: a hot shower, aromatherapy steam, aromatherapy soak, and tropical marine sea salt glow. A relaxing massage is added to achieve the highest level of relaxation and rejuvenation.

Moroccan Oasis\$315

This treatment utilizes all of our hydrotherapy treatments. You will experience an aromatherapy steam, massage and hydrating seaweed soak in our hydro-tub. In our Vichy Suite, you will undergo our marine tropical sea salt glow and moor mud body mask, finishing with a Vichy Shower. This is an unforgettable 3 hour experience.

Hydrating Seaweed Wrap \$110

A therapeutic wrap using seaweed to detoxify and stimulate circulation, which is beneficial in reducing cellulite and water retention. This treatment begins with an exfoliation rich in vitamins and essential oils followed by an application of seaweed. While you are wrapped, you will experience a relaxing scalp and face massage. (Not recommended for those with hyperthyroid, high blood pressure or allergy to iodine).

Tropical Citrus Experience \$200

This citrus rub refreshes and tones the skin for 80 minutes by stimulating pores to cleanse and detoxify the system. Your body is exfoliated with our citrus sea salt scrub with the assistance of fresh lemons and limes. Citrus oils are applied to the body to encourage lymphatic drainage and balance water retention. You are then wrapped to seal in the citrus benefits. A 30 minute swedish massage will follow. Compliment this service with the addition of our tropical citrus pedicure.

The Mango Madness Experience \$295

Casbah's signature pampering treatment. This intense 80 minute moisturizing body wrap begins with an exfoliation with our mango sugar scrub. While you are wrapped in our sinfully delicious mango body butter, you will simultaneously experience a Kerestase spa hair treatment, a 30 minute facial and foot reflexology treatment. This amazing experience ends with a veil of moisturizer and a sweet treat.

Eminence Chocolate Cherries Jubilee Body Wrap \$135

This decadent body treatment can curb any sweet tooth. It begins with a pomogranite scrub, followed by a chocolate cherry body wrap. This ends with a veil of our souffle cream massaging you into pure indulgence.

Healing Water Body Treatments & Packages

(Continued)

Specialty Wraps **\$135**

Choose from our signature mango, lavender, Eminence or citrus wrap. Includes a stimulating scrub and relaxing scalp and face massage.

The Body Coffee Wrap **\$145**

Awaken your senses in a whole new way with this invigorating treatment inspired by an age-old practice from the Russian Banya (bathhouse). Relax each and every muscle as your body is massaged with a sumptuous blend of ground Coffee Arabica, nature's own micro-cellular stimulant; Dead Sea salt, prized for its detoxifying and regenerating properties; and soothing essential oils. The coffee and salt gently slough away dead skin cells and soften rough patches, while the invigorating aroma of rosemary, mint and citrus oils permeates the air, awakens your senses and invigorates your body. A warm shower rinses away the coffee and salt, allowing the fragrant oils to come alive around you, releasing stress and relieving tension. A massage with the Coffee Blossom Essence Lotion completes the experience. Coffee extracts within the lotion help improve blood flow and circulation, while nourishing shea butter and aloe vera restore skin's natural radiant softness. You will emerge rejuvenated, renewed and positively glowing.

Pregnancy Rebalancing Package **\$255**

This 80 minute package has been specifically designed for women who are in the second and third trimester, or for those nursing. Special attention is directed to target those places that need the most attention. It begins with a gentle exfoliation of the entire body with our lavender body scrub, followed by a lavender enriched cocoa butter body wrap. Coco butter is known to assist in minimizing stretch marks. While wrapped you will experience a gentle facial and scalp massage. Ending with the relative effects of a 30 minute stress reliever pre-natal massage. (Consider adding Lierac's stretch mark ampoules to enhance your results.)

Massage Therapies

Hr/1 1/2 Hr

"Rock the Casbah" \$95/\$125

This swedish massage incorporates Basalt Lava Stones at hot temperatures to enhance the body's circulatory system assisting the body in healing itself. The rocks are applied to areas including the chakra points to enhance your body's balance.

Traditional Hot Stone Massage \$135

This 80-minute massage continuously utilizes hot basalt lava stones to relax the body so that muscle tension just melts away. It increases blood circulation and body metabolism, while decreasing tissue stiffness. Ask about our cold stone massage.

Hot 'n' Cold Stone Massage \$110/\$145

Extreme sensory pleasures are derived from this refreshingly chilled and warm treatment. Cold marble stones and Basalt Lava Stones are combined to stimulate and exercise the skin on a cellular level to promote wellness of the body's circulatory system.

Relax and Release Swedish Massage \$75/\$115

Release everyday stress and tension with the gentle strokes of this classic swedish massage.

Deep Tissue Massage \$90/\$130

Deeply held muscle tension and stress are released with this deep swedish massage. Ideal after a workout or stressful day.

Neuro-Muscular/Therapeutic Sports Massage \$100/\$140

Our therapists are trained in this advanced corrective technique addressing chronic neck, shoulder, back & hip discomforts. It enhances the functioning of joints, muscles & biomechanics.

Aromatherapy \$85/\$130

This massage restores balance, detoxifies and energizes the entire body by incorporating specific swedish massage techniques with customized essential oils to stimulate the senses.

Shiatsu \$100/\$140

This ancient oriental massage uses deep pressure to stimulate the acupressure points encouraging and balancing the flow of vital energy (Chi), through the body's meridians for deep relaxation and better health.

Ashiatsu \$100/\$140

Ahh...shiatsu combines Swedish, myofascial and compression techniques that are applied to the body with the therapist's feet. The feet glide effortlessly over the contours of your body.

Reflexology Massage \$100/\$140

A technique using pressure point massage on the feet and hands to restore the flow of energy throughout the entire body.

Massage Therapies

(Continued)

Hr/1½ Hr

"Massage au Tois" \$165/\$245

An intensive massage performed by two therapists who synchronize a relaxing and deeply purifying massage.

Stress Reliever. \$50

This 30 minute relax and release therapeutic massage focuses on the areas of the body where there is the most tension. The focus is on the neck, shoulder and back areas. This is easily added on to any facial or body treatment to enhance your overall experience.

Tantra \$165/\$245

Two people can experience a simultaneous aromatherapy massage with our Tantra love potion, by candlelight.

"On Your Own Time" \$125/\$190

A massage that is accommodating to your schedule, in the privacy of your home or hotel room. (Limited to Sunrise Harbor marina and residents.)

Pre-Natal Massage \$90/\$130

Our pregnancy massage will relax your body and soothe away the aches and pains of pregnancy. Our therapists are trained to pamper moms to be. **(Performed after 1st trimester.)**

Lymphatic Drainage \$100/\$140

This is a specialized technique for helping clients to maintain health and improve the beauty of the skin. The benefits of lymphatic massage are impressive. It stimulates a sluggish immune system as it enhances cellular level immunity and reduces scar tissues. This technique is also helpful in reducing edema.

Tai Massage. \$100/\$140

A unique combination of gentle rocking and stretching using range of motion and acupressure techniques, applied through clothing without oils. Through applications of pressure on energy lines and points along with a vast array of passive stretching movements, the body experiences profound relaxation, increased flexibility and a serene flow of energy.

Cranial-Sacral \$100/\$140

This is a massage that gently manipulates the bones of the skull and sacrum, which improves cerebrospinal fluid flow. The practitioner uses light touch to test for restrictions in the flow. The light hands approach simply assists the hydraulic forces in the system to stabilize or decompress so that healing can take place. This technique helps with migraine headaches, chronic fatigue, back and neck pain, stress and tension without the deep pressure of deep tissue massage or neuro-muscular massage.

Holistic Services

Shirodhara Treatment \$90/\$165

Elevate your massage to the next level with this ancient Ayurvedic treatment created to heighten a sensation of inner calm. A gentle dripping of warm oil to the “third eye” evokes an extremely deep and relaxing state of mind which in turn has a profound effect on your psyche. This treatment focuses on balancing the body and emotions by soothing the central nervous system. This experience can be added to any massage, body treatment, or facial.

Pedikarma Foot Treatment \$125/\$150

This treatment takes reflexology to the next level. Start out with a custom blended foot soak with essential oils to balance your body. Then a form of reflexology to follow ending with “Kansa Vataki” (the three metal bowl). Each metal considered beneficial to help balance the subtle energies of the body. Great for people with foot discomfort.

Raindrop Therapy \$125/\$165

This energizing of technique has been used for years as a highly effective method for balancing and rejuvenating the mind and body. Nine essential oils penetrate the skin and promote energy and vitality when properly applied to neck, back and feet, this technique can help relieve a variety of discomforts caused by imbalances in the body, especially those found in the spine.

Tibetan Bowls / Sound Massage. \$100/\$140

Sound massage with Tibetan singing bowls is a sound therapy where singing bowls are placed on the dressed body and tapped gently with a felt mallet. The calming harmonizing sounds as well as the gentle vibrations of the singing bowls induce a feeling of well-being and a very effective deep relaxation (“sound-based relaxation”). With people in good health sound massage will support the development of their inner harmony and provide them with energy and strength for their daily tasks. Creativity and productive energy will receive new impulses. With physical, mental and psychological issues, sound massage will help to bring relief from pain and problems that cause daily stress, worries, and anxiety.

Body Treatments

Firming Body Treatment \$100

A high concentration of botanical elements are combined with a full body, deep tissue massage, to promote circulation for improved skin firmness and elasticity.

Lierac's Stretch Mark Prevention \$95

This treatment combines massage and a high concentration of botanical ingredients to help prevent stretch marks during pregnancy beginning treatments during the second trimester. This treatment is also ideal to help prevent stretch marks during a slimming diet.

Lierac's Stretch Mark Reduction Program \$95

This program is for those who have existing stretch marks on the stomach, breast, hip and thigh areas. This treatment is also recommended to reduce unwanted scars.

Cell-U-Less Herbal Wrap \$150

Herbs, spices and bioflavonoids melt cellulite through high blood circulation followed by deep tissue massage with Eminence firming Cinnamon Paprika Body Lotion. You may experience a tingling sensation that lets you know the herbal wrap is continuing to be effective. No recommended for extremely sensitive skin. A series is recommended for optimum results.

"Dragon Time" Massage \$110/\$145

Our PMS treatment, is a combination of a blend of aromatherapy essential oils and drainage cream to balance a women's emotional structure during special times and needs. This treatment promotes support for normal, healthy emotions during the female monthly cycle.

Body Treatments

(Continued)

Asian Body Rebalancing Package- \$195

In this combination of services, your energy will be rebalanced leaving you with a sense of both calm and vitality. The service begins with an aromatherapy soak in essential oils to balance your Yin/Yang energy. A seaweed wrap will follow, to rebalance energy and soften the skin. During the wrap you will receive a neck and scalp massage to sooth away any residual tension. In addition, a facial massage will give your face a new lift. Finally, a creamy moisturizer will be applied to hydrate your balanced body. A warm cup of Green Tea will complete your experience.

Parafango Body Sculpting Treatment \$165

Exclusive to Casbah, this unique detoxifying treatment combines the power of paraffin, plant extracts and the nutrients of seaweed to draw out toxins and replace them with nourishing and revitalizing essential minerals. These ingredients as well as two specialized ampoules are massaged into the skin using the lymphatic drainage technique to stimulate and increase circulation to promote firmness, while minimizing unsightly cellulite. Focus is on the hips, buttocks, waist and thigh areas. The detoxifying properties of this treatment are perfect as a jump-start for a new diet or exercise regimen or a recovery for over-indulgence or the "morning after."

Not for those allergic to shellfish.

Recommended every two weeks for lasting results.

Parafango Spot Therapy starts at \$30

Any joint or muscle aches can be relieved by a parafango application in conjunction with essential oils created specifically for a variety of conditions, including arthritis, tendonitis, and inflammation of knees, elbows, back, neck, hands and feet. Can be added to any massage or spa treatment.

Sun Relief Hydrating Aloe Wrap \$120

A cool wrap using a blend of aloe, essential oils and flower extracts to draw heat from the body and help restore moisture to dry, dehydrated skin. Wonderfully cooling for sunburned skin.

Cocoa Butter Massage & Wrap \$200

This nourishing exfoliating wrap drenches your skin with cocoa butter and emollient-rich oils to improve elasticity and promote hydration. Great for mummies-to-be to aid in preventing or treating stretch marks. The effects are continued with a soothing hydrating massage.

Special Packages

(Includes Lunch and Gratuity)

Prepare to be Pampered: \$710

The ultimate full day package

- The Ultimate Facial
- 80 Minute Aromatherapy Massage
- The Ultimate Exfoliating Treatment
- Casbah Spa Manicure
- Tropical Citrus 80 Minute Spa Pedicure
- Kerestase Spa Hair Treatment

A Balanced Lifestyle \$190

Renew the spirit and relax the mind.

- Manicure
- Spa Pedicure
- European Facial or Aromatherapy Massage

"Rock the Casbah" \$360

Casbah's signature treatments combined in one day package.

- Casbah's Essential Facial
- Rock the Casbah Massage
- Casbah Spa Manicure and Casbah Spa Pedicure

A Day of Fitness \$290

- Personalized Fitness Training Session
- Therapeutic Sports Massage
- Therapeutic Sports Pedicure

Gentleman's Retreat- Addresses every man's needs \$310

- Deep Tissue Sports Massage
- Gentleman's Facial
- "Hand to Toe" Nail Treatment

Mother to Be. \$305

Our offer to ease the stresses of child bearing.

- Pre-Natal Massage (after 1st trimester)
- Stretch Mark Prevention Treatment
- Manicure
- Pedicure

Special Packages

(Continued)

New Mother Makeover **\$380**

It's time to put the diapers down and Prepare to be Pampered.

- European Facial
- Firming Body Treatment
- Makeup Application
- Kerestase Spa Hair Treatment

A Time for a Change **\$625**

A complete makeover for a new you.

- Casbah Essential Facial
- Relax and Release Massage
- Manicure and Spa Pedicure
- Make up consultation, application and lesson
- Hair consultation to include color, cut and style

A private shopper can be arranged to complete your transformation.

A Year of Total Bliss **\$1135**

Make this a year to remember.

- A choice of 12 Aromatherapy Massages or European Facials.
(Lunch is optional.)

Corporate and Executive Retreat

Corporate and group packages are designed to meet all business needs; including conference room and business center. Inquire about these special packages to pre-book and customize one that would accommodate your organizations specific needs.

All Packages include use of all our amenities

Bridal Packages

We at Casbah would like to congratulate you on your engagement and upcoming wedding. You've probably already made many decisions for your most unforgettable moment...now for the most important detail...you. Our comprehensive wedding packages will transform your wedding party into a vision to remember, reflecting your impeccable style.

For the Bride

Package A..... \$165

- Trial and wedding day updo

Package B..... \$240

- Trial and wedding day updo and makeup

Package C..... \$345

- Casbah Spa french manicure and Casbah Spa french pedicure
- Trial and wedding day updo
- Makeup application
- Eyebrow design or lip wax

Package D..... \$430

- Casbah Spa french manicure and Casbah Spa french pedicure
- Trial and wedding day updo
- Makeup application
- Eyebrow design or lip wax
- Choice of a Relax and Release Massage or European Facial

Package E..... \$510

- Casbah Spa french manicure and Casbah Spa french pedicure
- Trial and wedding day updo
- Makeup application
- eyebrow design or lip wax
- European facial
- Relax & Release Massage

For the Groom

Package A..... \$108

- Deep tissue sports massage
- Handsome nails

Package B..... \$188

- Deep tissue sports massage
- Gentleman's facial
- Handsome nails

Bridal Packages

(Continued)

For the Bridal Party

Package A	Updo	\$75
Package B	• Updo and makeup	\$125
Package C	• Updo	\$200
	• Makeup	
	• Classic french manicure	
	• French spa pedicure	
Package D	• Updo	\$285
	• Makeup	
	• Classic french manicure	
	• French spa pedicure	
	• Choice of an Aromatherapy massage or European Facial	

Customized packages are available

***A bridal luncheon, cocktail party or dinner
can be arranged at your request.***

Spa Hand, Nail and Foot Care Treatments

Classic Manicure \$18

This is a traditional manicure which includes cuticle care, hand massage, nail shaping and polish.

Paraffin Manicure. \$33

Our Classic Manicure followed by an ultra-rich lotion massage and dip in a heated paraffin bath to re-hydrate tough skin and cuticles.

Casbah Spa Manicure \$25

This treatment begins with an exfoliation and hand and arm massage. Followed by an application of seaweed for intense hydration. Your hands will be wrapped while the heated mitts will activate the marine minerals to soothe your skin making you feel warm and cozy. Finish with a warm towel and polish of your choice.

Gylcolic Hand Peel \$38

This is our anti-aging hand treatment. This intensive treatment uses glycolic acid to even out skin texture, improve elasticity, and lighten freckles and age spots and increase hydration level. Add to our classic manicure for an enhanced benefit.

Café Latte Manicure \$45

This 50 minute manicure is a latte more than our classic manicure. Your hands are submerged in a warm milk bath to soothe and moisturize your skin. Next is an exfoliation with our body coffee polish enriched with essential oils. A hand and arm massage completes this energizing experience.

Spa Hand, Nail and Foot Care Treatments

Spa Pedicure \$45

Your treatment begins with a thorough cleansing & exfoliation of the legs and feet. A mask is applied to reduce puffiness and stimulate circulation. A massage with our signature mango body butter is the final touch. Heavenly after a long hard day.

Casbah Spa Pedicure \$55

Pamper your tired feet and enjoy a soothing and relaxing bath while your nail specialist massages your feet. An application of warm seaweed enriched with minerals is the highlight of this soothing pedicure that sweeps away all your pedi-pains.

Glycolic Foot Peel \$65

This is our anti-aging foot treatment. This intensive treatment uses glycolic acid to even out skin texture, improve elasticity, lighten freckles and age spots and increase hydration level. Begin your service by immersing your feet in a detoxifying bath, followed by an exfoliation of dull skin on the soles of your feet. You are then massaged from your shins to your toes using therapeutic techniques. Finish with a refreshing marine foot mask.

Therapeutic Sports Pedicure \$60

This treatment is for those who "a bruise" their feet and toes. This is our spa pedicure with additional skilled attention to your cuticles, callouses and other foot complexities. Acrylic application can be added to this treatment.

Paraffin Pedicure \$60

Our Spa Pedicure followed by a massage and a dip in a heated paraffin bath.

Petite Pedicure \$25

This 30 minute express pedicure is ideal for those "on the go" or an between maintenance pedicure. Your nail specialist will cleanse and offer your choice of callus or cuticle cutting. A light foot massage will follow.

Seasonal Pedicure \$75

This lavish and soothing pedicure changes with the seasons. You always begin with your feet submerged in a soothing and moisturizing bath. An alpha-hydroxyl acid peel follows to repair even the most wounded of feet. The ultimate finishing touch is a scrub and creamy moisturizer, which captures the season, making this one of our favorites.

Spa Hand, Nail and Foot Care Treatments

(Continued)

Pomegranate & Lime Pedicure Pedicure \$75

The fresh burst of lime lulls the senses into its far-eastern mystique. Let the alluring pomegranate fragrance captivate you with its sweet embrace. The infusion of the antioxidant and hydrating benefits of both the pomegranate and the collagen cream makes this an intense treatment that stimulates the senses for hours.

The Coffee Pedicure \$75

Prepare to put your best foot forward after receiving our luxurious pedicure treatment. It begins with a warm milk bath. While the milk swirls about your calves, each foot is cleansed and, one-by-one, rough spots are rubbed away. Next, your lower legs, heels, arches, foot pads, toes and the tops of your feet are softly exfoliated and your cares are massaged away with a unique blend of Dead Sea salts, ground coffee and essential oils. Instantly you feel revitalized, invigorated and ready to walk, -- no make that run -- a mile! An energizing sweet treat makes this a latte fun!

Soothing Lavender Pedicure \$75

An infusion of fresh lavender and essential oils invite your feet on a soothing journey of total relaxation. We exfoliate your soles with our lavender salt and massage you from knee to toe with our lavender body butter. We dare you to stay awake during this relaxing vacation. A cup of chamomile tea locks in the relaxing benefits.

Tropical Citrus Pedicure \$95

We call this our Fruitopia experience for the feet. Your soles are soaked in a bath of fresh citrus and aromatherapy oils. We cleanse your feet with the assistance of fresh lemons, limes and oranges. We exfoliate your skin with a citrus sea salt scrub and pamper your toes with a warm paraffin mask. To finish off this 80 minute indulging experience we give you a 30 minute foot massage with our citrus shea body butter cream. A refreshing sweet treat is an added bonus.

Éminence Cherry Jubilee Pedicure. \$95/\$110

Your treatment begins with a thorough cleansing and exfoliation of the legs and feet. A hydrating decadent wrap of chocolate covered cherries is next, leaving your toes kissable and soft. A sweet treat completes this luxurious service. If you ache for more, try the 80 minute version.

Spa Hand, Nail and Foot Care Treatments

(Continued)

Reflexology Raindrop Pedicure \$120

This pedicure has been created as a healing treatment that can be combined with the body treatment for a complete healing service. Raindrop therapy involves dropping 9 different essential oils blends on the arch of each foot using light strokes with the fingers with stimulate energy impulses and disperse the oils along the nervous system throughout the entire body, bringing balance, clearing and re aligning the energy centers. It will also help to alleviate viruses that hibernate in the body. The oils will continue to work in the body for a week or more following the treatment. In addition to this treatment, we have incorporated some reflexology which is used as a complete system that reflex certain points of internal body controls to release tensions, congestions and maladjustments.

Tibetan Bowl/Sound Therapy Pedicure \$95/\$110

While your toes are pampered, Tibetan metal bowls are arranged on specific areas of body to produce a calming vibration that promotes relaxation.

Makeup Artistry

Using only the highest quality cosmetics, our expert makeup artists create a dramatic and beautiful difference -

Make-Up Application-

Make-up professionally applied for any occasion to suit your lifestyle, the event, and the time of day.

Bridal Make-Up Consultation-

A make-up application to settle any of your pre-wedding jitters.

Bridal Make-Up Application-

Make-up application perfectly applied for your special day.

Bridal Party Make-Up Application

Salon Services

Hair Design and Styling

Design Cut and Style

Design cut and blow dry

Up-Do's

Special Occasion

Bridal

Chemical Services

Permanent

Chemical Relaxing

Thermal Reconditioning

Hair Color Services

Single Process

Double Process

Foil Highlighting

Full

Partial

Corrective Color-Priced upon consultation,
with hairstyling-priced accordingly.

Brazilian Keratin Straightening Treatment from \$250

A revolutionary treatment for all hair types. An intensive treatment that leaves hair soft, shiny and frizz free for up to 4 months.

Scalp Treatments

We begin with a hair and scalp analysis to determine the appropriate treatment for your individual needs. Whether you have a dry or oily scalp, dandruff or need detoxifying to remove chemical buildup in your hair, this half-hour treatment with massage will leave your hair and scalp beautifully nourished, hydrated, shiny and manageable.

Kerestase Spa Hair Treatment

Experience our exclusive Kerestase deep conditioning treatment with a wash and blow dry.

Prices may vary with hair length and density.

Specialty Facials and Delicate Skin Care

Casbah's Essential Facial	120
Ultimate Facial	170
Éminence Facial	135
Éminence Paprika Facial	140
European Facial	80
Anti-Aging Facial	120
Aromatherapy Facial	85
Optimal Oxygenating Collagen Facial.....	120
Casbah Express	55
Eye Contour Treatment.....	50
With any facial.....	35
Youthful Lip Treatment	50
With any facial.....	35
Back Facial	95

Skin Care Treatments

Vitamin C Mango Peel	70
Pumpkin Peel	70
Cranberry Peel	70
Salicylic and Glycolic.....	70
Series 7 Treatments (7th peel is complimentary)	420
Microdermabrasion	135/face 165/face (neck)

Spa Essentials

Waxing

Starting at

Eye eyebrow Sculpting.....	20
Lip	12
Cheeks	25
Nostril	10
Chin	10
Full Leg	65
Half Leg (including knee)	35
Bikini	25
Brazilian Bikini	60
French Bikini	40
Under Arm	25
Full Arm	45
Half Arm (includes elbow)	35
Chest and Stomach.....	55
Full Back	60

Tinting

Brow	20
Lash	30

Lash Extensions

Full Set	400
Maintenance	100

Men's Retreat

Gentleman's Facial	80
With Specialty Treatment	120
Handsome Nails	18
Feet Relief.....	45
Hand to Toe Treatment	83
Eye Zone Treatment	50
Head to Toe Package	265

Massage Therapies

50 min./80 min.

"Rock the Casbah" Massage	95/125
Traditional Hot Stone Massage 80 minutes	135
Hot 'n' Cold Stone Massage.....	110/145
Relax and Release Massage	75/115
Deep Tissue Massage	90/130
Neuro-Muscular Treatment/Therapeutic Sports Massage	100/140
Aromatherapy.....	85/130
Shiatsu Massage	100/140
Ashiatsu	100/140
Massage au Tois	165/245
Stress Reliever-30 minute Swedish Massage	50

Massage Therapies

(continued)

Reflexology	100/140
Reflexology 30 minute.....	55
Tantra Massage	165/245
On Your Own Time.....	125/190
Pre-Natal Massage	90/130
Prenatal 30 minute	55
Lymphatic Drainage Therapy	100/140
Tai Massage	100/140
Cranial Sacral.....	100/140

Holistic Services

Shirodhara Therapy	90/165
30 minute add on.....	75
Pedikarma Foot Treatment	125/150
Raindrop Therapy	125/165
Tibetan Bowls / Sound Massage	100/140

Body Treatments

Firming Body Treatment	100
Lierac's Stretch Mark Prevention	95
Lierac's Stretch Mark Reduction Program	95
Dragon Time Massage	110/145
Asian Body Rebalancing Package	195
Parafango Body Sculpting Treatment (1 1/2 treatment)	165
Parafango Spot Therapy	starts @ 30
Sun Relief Hydrating Aloe Wrap	120
Cocoa Butter Massage and Body Wrap	200
Speciality Wrap	135
Éminence Cell-U-Less Heral Wrap	150

Healing Water Body Treatments & Packages

Aromatherapy "Anti-Stress" Soak	50
Seaweed Hydrotherapy Soak	60
Romanian Mud Soak.....	70
Milk and Rose Petal Soak 50 minute	110
Tropical Marine Sea Salt Glow	65
The Ultimate Exfoliating Experience	95
Romanian Mud Body Wrap.....	145

Healing Water Body Treatments & Packages

(continued)

Water Fantasy	190
The Moroccan Oasis	315
Hydrating Seaweed Wrap	110
Tropical Citrus Experience 80 minutes	200
The Mango Madness Experience 80 minutes	295
Eminence Chocolate Cherries Jubilee	135
The Body Coffee Wrap	145
Pregnancy Rebalancing Package 80 minutes	255

Special Packages

(Includes Lunch and Gratuity)

Prepare to be Pampered.....	710
A Balanced Lifestyle	190
Rock the Casbah	360
A Day of Fitness	290
Gentleman's Retreat	310
Mother to Be	305
New Mother Makeover	380
A Time for a Change.....	625
A Year of Total Bliss.....	1135

Bridal Packages

(Includes Lunch and Gratuity)

For the Bride

Package A.....	165
Package B	240
Package C	345
Package D	430
Package E	510

For the Groom

Package A.....	108
Package B	188

For the Bridal Party

Package A.....	75
Package B	125
Package C	200
Package D	285

Spa Hand, Nail and Foot Care Treatments

Classic Manicure	18
with French	23
Paraffin Manicure	33
Casbah Spa Manicure	25
with French	30
Glycolic Hand Peel	38
Café Latte Maincure.....	45
Acrylic	55/30/6
Pink and Whites	75/45/30
Silk Wraps	60/35/6
Gels.....	60/35/6
Polish Change	12/15
Spa Pedicure	45
Casbah Spa Pedicure.....	55
Glycolic Foot Peel.....	65
Therapeutics Sports Pedicure	60
Paraffin Pedicure	60
Petite Pedicure	25
Seasonal Pedicure	75
Pomogranate and Lime Pedicure	75
Coffee Pedicure	75
Soothing Lavender Pedicure	75
Tropical Citrus Pedicure (80 minute pedicure)	95
Éminence Cherry Jubilee Pedicure	95/110
Reflexology Raindrop Pedicure	120
Tibetan Bowl/Sound Therapy Pedicure	95/110

Makeup Artistry

Make-Up Application.....	50
Bridal Make-Up Consultation	50
Bridal Make-Up Application.....	75
Bridal Party Make-Up Application	50

Salon Services

Design Cut and Style

Men	From	30
Women	From	65
Up-Do's		
Special Occasion	From	75
Bridal Trial	From	75
Bridal Wedding Day	From	90

Chemical Services

Full Permanent	From	100
Partial Permanent	From	85
Chemical Relaxing	From	85
Thermal Reconditioning		150/hour

Hair Color Services

Single Process	From	65
Double Process	From	125

Foil Highlighting

Full	From	150
Partial	From	95

Hair Essentials

Kerestase Spa Hair Treatment (includes blow dry)	From	80
Wash and Blow Dry	From	45

<u>Brazilian Keratin Straightening</u>	From	250
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***Corrective color-priced upon consultation
Prices may vary with hair length and density***

